

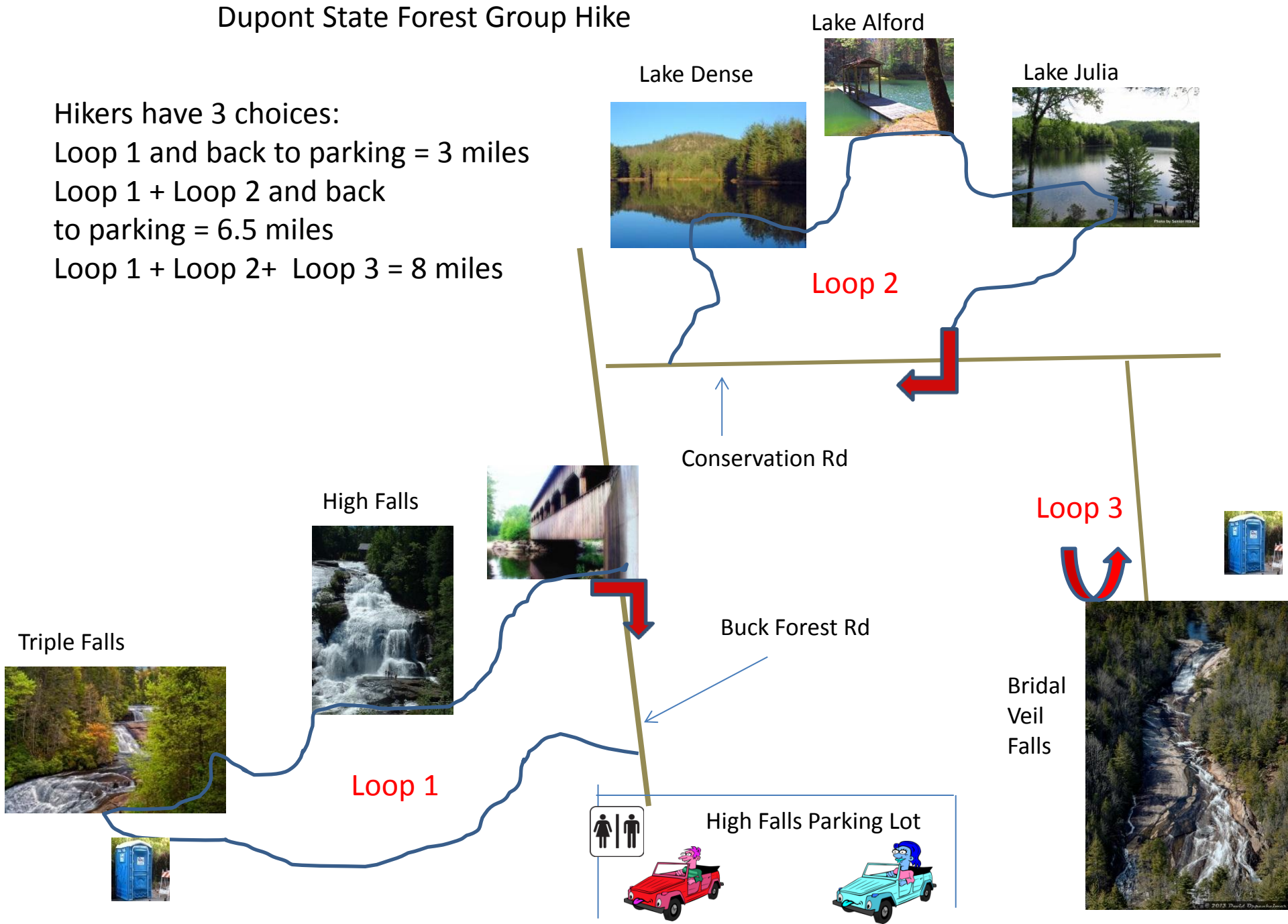
Dupont State Forest Group Hike

Hikers have 3 choices:

Loop 1 and back to parking = 3 miles

Loop 1 + Loop 2 and back to parking = 6.5 miles

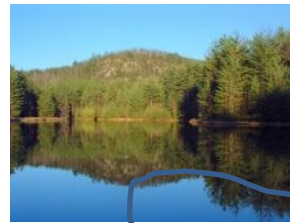
Loop 1 + Loop 2 + Loop 3 = 8 miles



Lake Alford



Lake Dense



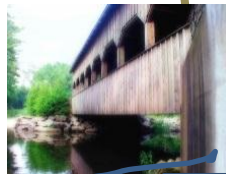
Lake Julia



Loop 2

Conservation Rd

High Falls



Loop 3

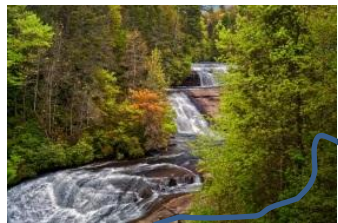
Buck Forest Rd



Bridal Veil Falls



Triple Falls



Loop 1



High Falls Parking Lot



Group Waterfall Hike at Dupont St. Forest

- Saturday, Feb 7
- Meet in High Falls Access parking lot at **9:30 am** (PLEASE carpool if possible!!)
- Address: 1400 Staton Rd, Cedar Mountain, NC (From Spartanburg, this takes approx. 1 hr and 15 mins)
- The hike can be broken down into 3 loops. (see attached map)
 - Loop 1 goes by Triple Falls and High Falls , ending at the covered bridge over the Little River above High Falls. Anyone needing to leave at this point can easily head straight back to the parking lot for a total of 3 miles.
 - Loop 2 is a continuation from the covered bridge following the Pitch Pine Trail and Three Lakes Trail past Lake Dense, Lake Alford, and Lake Julia, coming out on Conservation Rd. Anyone needing to leave at this point can easily make it back to the parking area for a total of 6.5 miles.
 - Loop 3 (actually an out-and-back) is a continuation over to Bridal Veil Falls, where we will stop to eat . Also, I will lead any adventurous folks up a very overgrown side trail to “hike” under the actual waterfall. To do this you **MUST** be in good shape! (Also know that you WILL get your feet wet so so it would be good to have an extra pair of socks)
 - Then we head directly back to the parking lot, for a grand total of approximately 8 miles.
- What is trail like?
 - The three loops described above follow a combination of gravel roads, single track forest trails (wide enough for single file) and newly created wide forest trails. Elevation changes are moderate (nothing steep)
 - There are port-a-jons in several locations as indicated on map...keep in mind, however, that you MAY end up having to hit the woods!
- What to Bring:
 - water and food for duration in fanny pack or small bookbag
 - It’s going to be **COLD**...please remember gloves, ear/head protection, etc
 - Camera/phone to take pics
- Physical requirements for hike
 - Be able to walk the distance you are choosing at a moderate pace. We will not be strolling.
 - There are rocks, roots, stumps, etc. on some trails. You must be steady on your feet!
 - Hopefully your abs are in good shape, because if you come with the right group of friends , you should have a great time and do a lot of laughing!!